

Highlight

- Awesome scenery
- Great view from the summit
- Challenging trails
- Fully supported

Itinerary at a glance

- Night 1:** Night train to Lao Cai
- Day 1:** Lao Cai – Sapa – Ta Van Village
- Day 2:** Trek to 2900m
- Day 3:** Trek summit. Descend to 2700m
- Day 4:** Trek to Y Linh Ho Village
- Day 5:** Trek to Seomity Village
- Day 6:** Trek to Ta Trung Ho Village
- Day 7:** Trek to Thanh Phu Village
- Day 8:** Trek to Sinchai Village
- Day 9:** Trek to Ban Ho Village
- Day 10:** Back to Sapa
- Day 11:** Arrive in Hanoi. Trip ends

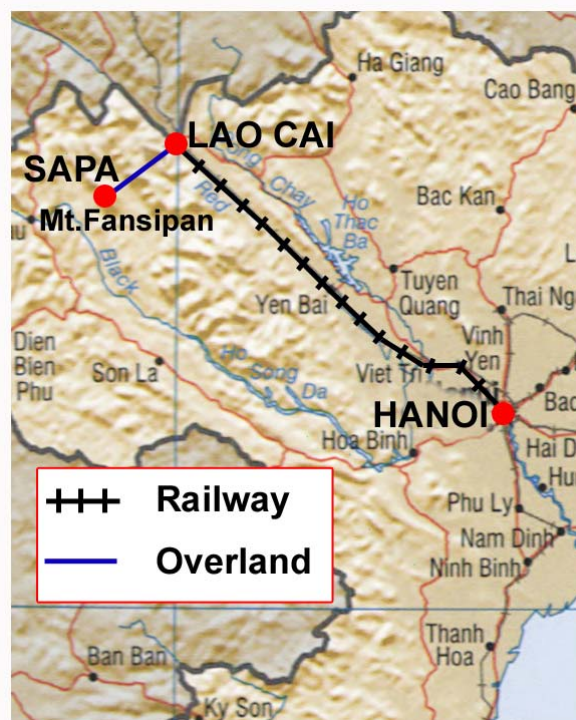
Trip notes

- Duration:** 11 days, 11 nights
- Group size:** 08 persons
- Depart from:** Hanoi
- End at:** Hanoi
- When:** Oct — Apr
- Activities:** Mountain climbing
- Grade:** Challenge
- Transport:** Train, car, on foot
- Accommodation:** 1 night hotel, 2 night train, 2 night camping, 5 night homestay
- Tour guide:** English or French speaking guide
- Support crew:** Porters & cook
- Meals:** Day 1: Breakfast
Day 2-9: Breakfast, Lunch, Dinner
Day 10: Breakfast, Lunch



Note on client safety

We reserve the right to deviate from this itinerary for any reasons, including road and weather conditions or for any other factor which may influence client safety.



Tour price

Please contact our **Customer Service** at info@activetravel.asia or call +84 1234 272728 (24/7 LiveHelp)

Inclusion:

- Sleeper cabin on train for two ways
- Twin shared room in Sapa
- Camping on the trek (twin shared tent)
- Transfer two ways in Lao Cai
- Transfer one way in Hanoi
- English speaking guide
- Porters & Cook
- Meals as indicated in the itinerary
- Waters & Snacks
- Entrance fees & sightseeing fees

Exclusion:

- Travel insurance
- Visa
- Tips
- Personal expenses

Food

All meals, which are indicated in the itinerary, are included in the price of this trip. On the trek the support crew will cook meals for us. Since we are far away from the town, the emphasis will be on healthy and nutritious local produce.

The campsite

Our camp for the evening will be in a very small clearing on the mountain enclosed by bamboo. You will be provided with twin shared tent, sleeping bag and air mattress. The campsites are subjected to change due to the size of groups and weather conditions.

The transfers

In Hanoi, one ATA staff will accompany you to the train to show you your cabin and tell you how to deal with the overnight train. When you get back to Hanoi on day 11 you can easily find a taxi to get to your hotel.

In Lao Cai, our guide will meet you at Lao Cai Railway Station in the morning of the first day. He also see you off at Lao Cai Railway Station on day 10.

The trekking day

A typical trekking day start at about 8.30 am after breakfast. Lunch times can vary depending on the terrain. We aim to reach the next overnight stop by 4.30 or 5. During the trek we will have short breaks for rest, snack and photographing.

ATA tour guide

The tour will be led by one of our tour guides who are experienced in guiding trekking tours in Vietnam. He has been carefully trained in this field and is fully licensed in tour guiding by the government. In addition, he has been trained in first-aid by SOS International and he knows how to deal with difficult situations. You will have a great time traveling with him.

What to bring

Trekking boot, sun block, hat, anti-insect repellent, warm clothes, rain coat, flash-light, toiletries, original passport

Detailed Itinerary

Night 1: Night train to Lao Cai

Transfer from your hotel to Hanoi Railway Station for the night train to Lao Cai. Overnight in AC soft sleeper cabin.

Summary

Transfer railway station: AC vehicle
Accommodation: Soft sleeper in AC cabin

Day 1: Lao Cai – Sapa – Tavan Village

Arrive in Lao Cai around 5.30 am. We will take 1hr bus ride uphill to the beautiful town of Sapa. The ride give you a glimpse of the stunning vistas and impressive rice terraces. Upon arrival in Sapa Town we have breakfast in local restaurant. Free time for

the rest of the day to explore the town.

Optional walking tour begins at 1 pm to Lao Chai Village, home to Black H'mong people. Overnight in Sapa.

Summary

Transfer Lao Cai – Sapa: 1 hr
Accommodation: Hotel in Sapa
Activity: Free at leisure





Day 2: Sapa – Heavens Gate – 2900m

In the morning we travel by car toward the Silver Waterfall where we will be able to take a short walk to the waterfall. We will then drive further to Heaven Gate, the highest peak of roads in Vietnam. From there you can see Fansipan, the highest peak of Indochina mountains as well as enjoy stunning view of Binh Lu Valley. The trek will be relatively soft until lunchtime. After a couple of hours of hiking, we will have a break at a nice spot in the forest and enjoy a good lunch. With new energy we start ascending as well as descending towards the campsite. En route have opportunity to enjoy the scenery and magnificent views to Sapa area and beautiful landscape of Lai Chau province. We will arrive to the campsite at 2900m ASL in the late afternoon. Now it is time to relax and enjoy a well prepared dinner.

Summary

Trekking: 5 hrs/ascend 2,900 m from 1,600 m
Accommodation: Camping
Meals: Breakfast, Lunch, Dinner

Day 3: 2900m – the top of Mt. Fansipan – 2700m

After having breakfast, we climb to the top, where we can celebrate your victory. From there, we can enjoy the best view to beautiful sceneries. You will then start descending. We stop on the way at a nice spot for lunch.

After lunch, we start the tough trek, which is all the way downhill through rainforest. This part requires a great concentration to step on steep trail until we meet the campsite at 2700m ASL. Here we spend another night in tent.

Summary

Trekking: 6 hrs/ascend 3,143 m and descend to 2,700m

Accommodation: Camping
Meals: Breakfast, Lunch, Dinner

Day 4: 2700m – Y Linh Ho Village

We wake up in the fresh and pure morning in wild nature, where we can take deep breath before we start the tough day. We descend through well protected forest and after a couple of hours of hiking, we stop for lunch.

We will then continue descending toward the valley. On the way we will be able to enjoy valley views and beautiful surrounding. We arrive in Y Linh Ho village of Black H'mong minority in the late afternoon. Here we spend the night at a campsite nearby Muong Hoa River.

Summary

Trekking: 8 hrs/descend to 1,600m
Accommodation: Camping
Meals: Breakfast, Lunch, Dinner

Day 5: Y Linh Ho Village – Seomity Village

Today's trek will be mostly uphill until lunchtime in a beautiful part of Hoang Lien National Park. On the way, we have many opportunities to enjoy valley views. After a couple of hours of hiking, we stop at a nice spot for lunch. The trek will be softer in the afternoon. But the scenery becomes even more beautiful. We pass by Seomity village of Black Hmong minority before we arrive in a campsite, which locates nearby a river outside the village. While porters put up tents and cook dinner, we can take a walk to stretch the legs.

Summary

Trekking: 5 hrs
Accommodation: Camping
Meals: Breakfast, Lunch, Dinner



Day 6: Seomity Village – Den Thang Village – Ta Trung Ho Village

The trek today takes us through beautiful rice paddies and over old suspension bridges. We will trek on small trail sneaking through rainforest. We arrive in Den Thang village of Black H'mong by noon. Here we stop for lunch either nearby a river or in a local school according to the weather. After lunch, the trek will become tough on tiny footpath going up and down, which requires a lot of concentration. We will reach to Ta Trung Ho village of Red Dao minority where we spend the night in local house. Both the valley and the village have just received few foreign visitors. The night will be even more interesting when we are in the wonderful hospitable atmosphere of the Red Dao ethnic group.

Summary

Trekking: 7 hrs

Accommodation: Home-stay

Meals: Breakfast, Lunch, Dinner

Day 7: Ta Trung Ho Village – Nam Toong Village – My Son Village – Thanh Phu Village

We are now at the fringe of the rain forest by the Hoang Lien Son mountain range. Fansipan, the highest peak in Indochina with its 3143 m, is located in this mountain range. We will start the trek today by ascending to Nam Toong village of Red Dao minority. Here our lunch will be prepared in a local school. After lunchtime, we descend to the valley where locates My Son village of Xa Pho minority, one of the smallest groups ethnic in Northern Vietnam. From there we take a short walk to Thanh Phu village of Tay minority. Here we spend the night in traditional house of the Tay. We can take a walk to explore local daily life while our dinner will be served with Vietnamese dishes.

Summary

Trekking: 7 hrs

Accommodation: Home-stay

Meals: Breakfast, Lunch, Dinner

Day 8: Thanh Phu Village – Nam Cum Village – Sin Chai Village

Today's trek will be relatively short and soft. Once leaving Thanh Phu, we follow the trekking route built in the bottom of the valley, which offers the best view to the surrounding mountains. We stop at a nice spot for lunch. After lunchtime, we continue the walk toward Sin Chai Village of Red Dao minority where the night will be spent in bamboo huts. We will be attracted by the wonderful hospitable atmosphere of the Red Dao.

Summary



Trekking: 3 hrs

Accommodation: Bamboo hut

Meals: Breakfast, Lunch, Dinner

Day 9: Sin Chai Village – Thanh Phu village – Ban Ho Village

Today's trek takes us through several villages where you will be able to meet Tay, H'mong and Xa Pho ethnic minorities. We will have time to photograph the beautiful rice paddy terraces and the surrounding mountain. On the way we will visit a local school. Our lunch will be prepared and served in a traditional Tay house in Thanh Phu. In the afternoon, we head toward Ban Ho. We will trek along Muong Bo River where we can enjoy a refreshing swim nearby a waterfall before we arrive in Ban Ho. Here we spend the last night in a Tay house. We will have chance to taste rice wine with friendly Tay people during the meal.

Summary

Trekking: 4 hrs

Accommodation: Home-stay

Meals: Breakfast, Lunch,

Day 10: Ban Ho – Su Pan – Sapa – Night train back to Hanoi

Today will be very relaxing; take an easy walk around the village, visit a local school, go swimming or just sit in the balcony to read book and enjoy the views. We will have lunch before heading uphill toward Su Pan. After lunch, we trek all the way uphill. On the way we can enjoy the valley views while taking a rest. We will pass by a tiny village of Red Dao minority where we may find a small local souvenir for our trip. Once we get to Su Pan, we start your journey back to Sapa by car. Upon arrival in Sapa we can celebrate our achievement, taking shower and relax until transfer to Lao Cai Railway Station for the night train back to Hanoi.

Summary

Trekking: 2.5 hrs

Accommodation: Night train back to Hanoi

Meals: Breakfast, Lunch

Day 11: Back to Hanoi

Arrive in Hanoi early morning. Tour ends.



Holiday Extensions

Kayaking in Halong Bay: 3-day tour with 2-day kayaking and overnight on Chinese junk

The most famous place for kayaking in Vietnam. Kayak is also the best way to explore how beautiful Halong Bay is, to paddle through islets, to visit hidden caves, lagoons, unspoiled beaches, floating-fishing village, to talk with local fish-man. Thanks to thousands of islands on the bay, the water is calm, the current is fine, and the wind is not too strong are ideal condition for sea-kayaking.



ACTIVELY EXPLORING HIDDEN LANDS